

Journey Through the New Testament

Saved from the Inside Out

Mark 7:1-23

1) Do I Still Need to W_____ My H_____? (vv.1-8)

a) Jesus did not say that washing your hands before you eat was a bad thing. However, he made it clear that:

P_____ FOR GOD ≠ R_____ WITH GOD.

“Woe to you, scribes and Pharisees, hypocrites! For you are like whitewashed tombs which on the outside appear beautiful, but inside they are full of dead men's bones and all uncleanness.” Matthew 23:27 (NASB)

2) When H_____ Become a H_____. (vv.9-13)

a) Jesus was not condemning the law; He was condemning legalism.

i) LEGALISM = WHEN MY P_____ BECOME YOUR O_____.

b) Jesus used three strong words to describe the progression of this slippery slope of **TRADITION > TRUTH**:

i) N_____ the Commandments of God (v.8)

ii) S_____ A_____ the Commandments of God (v.9)

iii) I_____ the Word of God (v.13)

“But woe to you, scribes and Pharisees, hypocrites, because you shut off the kingdom of heaven from people; for you do not enter in yourselves, nor do you allow those who are entering to go in.” Matthew 23:13 (NASB)

3) Salvation Happens from the I_____ O_____. (vv.14-23)

a) THE POINT? FOOD MAY MAKE YOU MORE OR LESS H_____, BUT IT WILL NOT MAKE YOU MORE OR LESS R_____!

b) NOTICE: JUST AS THE STOMACH RECEIVES ITS CONTENTS FROM THE M_____, THE HEART RECEIVES ITS CONTENTS FROM THE E_____ AND THE E_____!

He who walks righteously and speaks uprightly, who despises the gain of oppressions, who shakes his hands, lest they hold a bribe, who stops his ears from hearing of bloodshed and shuts his eyes from looking on evil, ¹⁶ he will dwell on the heights; his place of defense will be the fortresses of rocks; his bread will be given him; his water will be sure. Isaiah 33:15-16 (ESV)

For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; ⁹ not as a result of works, so that no one may boast. Ephesians 2:8-9 (NASB)

ADDITIONAL NOTES: