

## Be Quiet...Be Still

**Introduction:** The command or even a comment to “**be quiet/be still**” is not very extensive in the Scripture. In fact, there are only a handful. But I think that right now this may be a helpful spiritual discipline that we are missing.

### I NEED TO BE QUIET/BE STILL...

- 1) To Be Reminded That God’s Promises Are T\_\_\_\_\_ (Exodus 14:1-14)
  - a) God’s P\_\_\_\_\_ (vv.1-4)
  - b) Pharaoh’s P\_\_\_\_\_ Response (vv.5-9)
  - c) Israel’s P\_\_\_\_\_ (vv.10-12)
  - d) Moses’ P\_\_\_\_\_ (vv.13-14)
  
- 2) To Be Reminded That God’s Word Is E\_\_\_\_\_ (Nehemiah 8:1-12)
  - a) Reading God’s Word Requires T\_\_\_\_\_ (v.3)
  - b) Responding to God’s Word Requires R\_\_\_\_\_ (v.5)
  - c) Receiving God’s Word Requires C\_\_\_\_\_ (vv.9-12)
  
- 3) To Be Reminded That God’s Presence Is P\_\_\_\_\_ (Psalm 46)
  - a) Refuge from F\_\_\_\_\_ (vv.1-3)
  - b) River of G\_\_\_\_\_ (vv.4)
  - c) Rest from C\_\_\_\_\_ (v.10)

**Conclusion:** The only way this is going to happen today for you and me and the rest of the world is with Jesus, the Living Word of God. His presence, His promise, His power, His PEACE (Mark 4:39).